

INTERNET AND CELL PHONE SAFETY – FAMILY CONTRACT

CHILD’S PROMISE:

- I understand that it’s my parents’ job to keep me safe, and that there are very important reasons for these rules.
- I will talk with my parents so that we can set up rules for going online. We will decide on the time of day that I can be online, the length of time I can be online, and appropriate areas for me to visit. I will not access other areas or break these rules without their permission.
- I will not share my full name, address, phone number, what school I go to, or my parents’ work information with anyone without my parents’ permission.
- I will tell my parents or another trusted adult right away if I see or hear something online that makes me uncomfortable or scared.
- I’ll tell my parents or another trusted adult if someone I know is in trouble or in danger.
- I will never agree to meet someone I only know from online without first checking with my parents. If my parents agree to the meeting, I will be sure that it is in a public place and bring my mother or father along.
- I will never send a person a picture of me, my room, my house, my school, or anything else without first checking with my parents.
- I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do I will tell my parents right away so that they can contact someone who can help.
- I won’t accept money or gifts from someone I only know from online. This includes gifts in online games or forums.
- I will not share my computer or phone passwords with anyone, even a best friend.
- When asked, I’ll help my parents understand how apps, games, or programs work.

If I break my commitment, the consequences may include:

Child’s Signature: _____ Date: _____

Parent’s Signature: _____ Date: _____

This agreement is meant for kids up to about the age of 12. For an agreement appropriate for teens, please visit our website.